

PRAYER ACTIVITY

Pray for the World



• Equipment

A map or globe, stickers or Post-it notes (heart shaped if you've got them)

• Set up

You can do this at a table or on the floor

• Instructions

Look at the map or globe. Who do you know who lives in a different place or community?

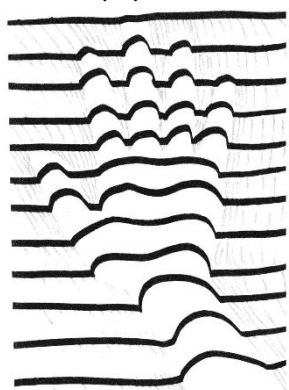
Can you find a place or country that you have heard about on the news recently? Which country would you like to pray for today?

Place a sticker or a Post-it onto the globe or map and pray for God's peace and healing.

Paper; pencil; marker or thick felt tip; coloured pencils.

3D Pictures

Start by using the pencil to trace the outline of your hand lightly on the piece of paper.



Now use the black marker to draw lines horizontally across the paper. Draw straight lines outside the outline and lines curving upwards inside the outline. This will make the hand look as if it's standing out from the paper. With the coloured pencils, colour in between the lines, making sure not to have the same colour stripes next to each other.



Tiffin or Rocky Road bars

7x11" tin

240g Digestive/Rich Tea or similar biscuits

80g Plain Chocolate

80g Milk Chocolate

150g Raisins/Mallows OR BOTH!

100g Butter/margarine

100g Golden Syrup

- ✎ Melt the chocolate, butter and syrup in a bowl over a saucepan of simmering water.
- ✎ Stir in the biscuits, raisins and /mallows.
- ✎ Place in lined tin and refrigerate for 2 hours.

...more things to do

Have you tried painting with different textures – sponges, brushes, Duplo, toy car wheels, cookie cutters, washing up brush, scouring pad, bark, twigs, moss...

What else can you think of that has a good texture or feel to it? How many different patterns can you create?

Give a Gift

You could use one of these ideas to give to someone as a gift.

A butterfly for a neighbour or perhaps some Tiffin ~ a treat for your family.

Pray with stuff.....

You will need: a clear bottle or jar and some glitter + Carefully put some glitter into your bottle or jar (you might want to use a small spoon!) + Fill your bottle or jar with water. + Seal the lid of your bottle or jar VERY tight! (you might want to put some tape round it) Think about what makes you feel worried or scared. Shake your bottle and watch the glitter churn around like a storm. As you watch the glitter settle, remember that we can feel calm because God is always with us and we can put our trust in him.

Ask permission to use a camera/phone. Take close-up photos of everyday items. Can people guess what they are?

Kim's Game: a tray with 10 small articles (may be related by theme!), pencil and paper for each person, and a watch or timer.

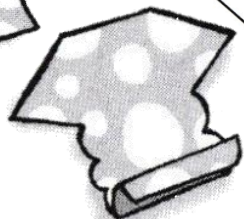
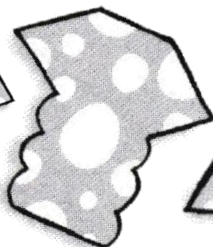
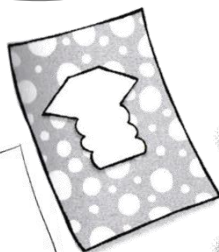
Uncover the tray and hold each article up, while naming it. Cover the tray after 2 minutes and allow 5 minutes to write the names of as many of the objects as possible.

Next try taking an object away, can anyone guess which one has gone? Take two things away... Add new objects...

Butterflies

You will need:

Butterfly template
wrapping paper (not the foil kind); cotton or wool;
chenille sticks; scissors



Butterfly Template

narrow

You could write prayers on your butterflies, or hang several butterflies on a coat hanger to make a mobile.



Have a look for other natural materials you can use such as pine-cones and dried leaves.

How to

The template may not look like a butterfly yet, but it will become one. Place the template on some wrapping paper, draw around it and cut out the shape. Starting at the narrow end, concertina-fold the shape, creasing each fold well and keeping them narrow. Fold the completed shape in half and tie the centre with some thread. Gently open the butterfly wings and pinch the centre at each side to keep the butterfly in shape.

Sometimes it is hard to find the right words to explain how you are feeling; using these emoji's or drawing your own might help you to tell your family how you feel.



Here are some ideas for home-made instruments

~ you could make some and then sing your favourite songs!

Trumpets

Cover a cardboard tube and a plastic cup in foil. Tape the cup onto the end of the tube and attach gold and silver shreds to decorate.

Rainsticks

Cover a cardboard tube in foil and place rice or dried peas inside. Cover the ends and decorate with gold bands and sequins.

Shakers

1 Fill a clear plastic drinks bottle with pasta shapes, etc sprayed gold and silver.
2 Tape foil containers together with rice or similar material inside, and decorate with tinsel shreds.

Harp

Cover a shoe box in foil and wrap elastic bands around it as shown. Decorate with tinsel or streamers.

Plate shaker

Staple two paper plates together with some dry rice in the middle.

Cup shaker

Tape two paper cups together with dry rice or beans inside.

String shakers

Make a necklace of clean foil bottle tops or crisp packets. Rustle and shake.

Drum

Fix a piece of paper over a paper cup with a strong elastic band; tap with fingers.

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Just a Minute



Equipment

Clock, watch, sand timer or timer app

Set up

Find somewhere to sit quietly

Instructions

Set your timer for 1 minute and silently think about all the people you will connect with today.

Choose one of the people. Think of something that you could do, lasting no longer than 1 minute to make a positive different to their day?
(Ideas – call them, write a note, make a drink.)

You might like to say a prayer for them too.



Bug and Insect Hotels

This is a great way to recycle plastic bottles or tin cans – you can bundle hollow sticks & tie together with string or put materials inside an empty tin can or a section of a plastic bottle.

Plastic Bottles

Cut your bottle down to size – you can get 2 sections out of a 2L bottle.

Gather your materials - bamboo canes make excellent hollow nests, cut them to similar lengths to fit into the bottle.

If you are going to hang your hotel, loop some garden twine or string through the bottle before filling it nice and full.

Tin Cans

Clean out your can. Gather materials and cut to size - fill it nice and full.

Tie garden twine or string around the outside of the tin to hang

Bundles

Gather dry hollow plant stems or bamboo canes, cut to the same lengths

Tie garden twine or string around to hang, if you tie string at each end, the bundle won't spin as much – or hang against a tree trunk so it doesn't spin at all



Keep a look out for your visitors!